Hepatoprotective Activity of *Cayratia trifolia* (L.) *Domin* Against Nitrobenzene Induced Hepatotoxicity

Dugganaboyana GURU KUMAR 1, Vattachanakkal M. SONUMOL 1, Muthaiyan A. RATHI 1, Lakshmanan THIRUMOORTHI 2, Periasamy MEENAKSHI 1, & Velliyur K. GOPALAKRISHNAN 1,2*

1 Department of Biochemistry, Karpagam Arts and Science College, Coimbatore-641021, (T.N.), India.

2 Department of Biochemistry, Karpagam University, Coimbatore-641021(T.N.), India

**SUMMARY.** The hepatoprotective activity of ethanolic extract of the whole plant of *Cayratia trifolia* (L.) *Domin* was evaluated against nitrobenzene (NB) (50 mg/Kg bw, orally) induced hepatic damage in rats. The extract at the dose of 200 mg/kg body weight were administered orally once every day for 7 successive days. The treatment restores the elevated levels of the liver marker enzymes such as alanine amino transferase, aspartate amino transferase, alkaline phosphatase in serum and lipid peroxidation in tissue homogenate. Whereas the antioxidant enzymes such as superoxide dismutase, catalase and glutathione peroxidase remains decreased in carcinogen induced group and after treatment the levels of antioxidant enzymes increased. Histopathological analysis of the NB induced animals showed severe necrosis and fatty infiltration in liver. After treatment with *C. trifolia* the rats showed regeneration of hepatocytes. The results thus support the use of *C. trifolia* as a hepatoprotective agent.

**KEY WORDS:** Antioxidants, *Cayratia trifolia* (L.) *Domin*, Histopathology, Liver marker enzymes, Nitrobenzene.

* Author to whom correspondence should be addressed. *E-mail:* gopalakrishnan_vk@yahoo.com